



# Leaving Hospital



When you are better you can leave hospital.



Hospital staff will tell you when you can leave.



If you are not sure when you are going to leave, ask the staff.



When you leave hospital, you may go home.



Or you may go to another hospital or care home.

## Leaving Hospital



### Travel



Make sure you know how you are getting home.



You can ask family, friends or carers for a lift.



The hospital may arrange an ambulance for you if needed.



### Things to take home



Take all your belongings home.



Remember your valuables in the hospital safe.



A nurse will give you a letter about your treatment.



The nurse will also send a letter to your GP.



**Medicines**



The nurse may give you medicines.



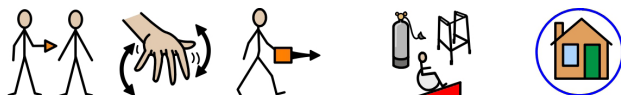
The nurse will explain how to take your medicines,



like when to take, how many and side effects.



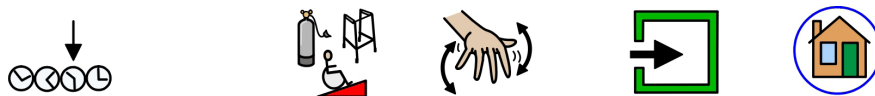
**Equipment**



You might take equipment home.



Equipment like crutches, wheelchair or a walking frame.



Sometimes new equipment may be put into your home.



Equipment like a stair lift or breathing equipment.

## Leaving Hospital



After leaving hospital



After leaving hospital you may have help at home.



A carer, nurse or therapist can help.



Its a good idea to have supplies at home.



Ask family, friends or carers to go shopping for supplies.



A community team member may visit you at home.



They will check you have.



- good support



- correct medication



- good supplies



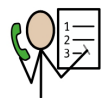
- working utilities



**Follow up Appointments**



The doctor may want to see you again.



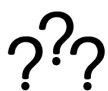
The hospital will arrange an appointment and send you a letter.



You may be referred to a specialist for treatment.



Treatment like physio, diet advice or speech and language therapy.



**Questions**



If you are worried or are unsure, ask the staff.