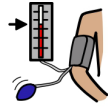


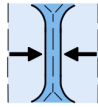
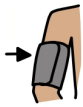
Checking your blood pressure



The nurse can check your blood pressure.



The nurse will wrap a band around your arm.



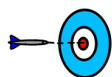
The band will feel tight.



The machine will tell the nurse your blood pressure.



The nurse may give you advice on your blood pressure.



= 130 80

Your target blood pressure is 130/ 80