Widgit Health

Bedside Messages
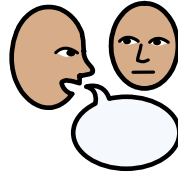### English (letter size)

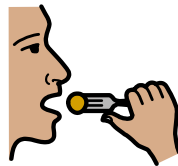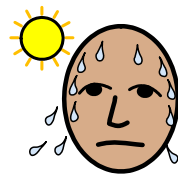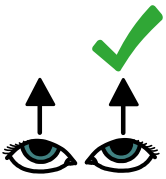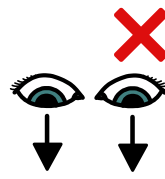|	
I can indicate "yes" and "no". Please ask me yes and no questions.	Please realise that I am intelligent, and you can talk to me directly. I can understand what you are saying.
Let me explain to you how I communicate.	I am feeling quite a lot of pain; please help me.
I'm very thirsty, I would like a drink.	I'm very hungry, I would like some food.
I am very uncomfortable, and need to be repositioned on this bed.	I need immediate help with my toileting.
I am feeling sick to my stomach. Please help.	I am having trouble dealing with this food. Please could I get it changed?
I'm feeling very cold. Could you please help me?	I'm feeling very hot. Can you help cool this place down?
I have a question I really need to ask.	Please help me get a nurse in here.

Turn over

I indicate "yes" by looking up,

and "no" by looking down.

Please ask my carer that question. They know the answer.
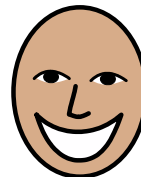
I want to know more about what is wrong with me.

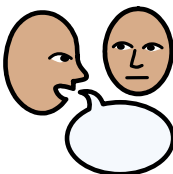I want to see my carer as soon as I possibly can.

Please let me show you how I use my communication board.

Please explain the results of the tests to me.

Thank you so much for all you are doing for me.

Please talk to me directly. I can understand you, even though it's difficult for me to speak.

Please phone my carer, at …

Please tell me when the doctor is coming.

Please tell me when I will be able to go home.

I would like to know more about my medications, and their possible side effects.

Central Coast Children's Foundation

Turn over